

# MOORETOWN SPORTS COMPLEX

## Winter 2018

Director of Community Services: Linda Kennedy  
 Coordinator of Facilities/Parks & Golf Course Superintendent: Kendall Lindsay  
 Coordinator of Community Programs: Michelle Dennis

For More Information Call  
**The Mooretown Sports Complex**  
**Ph: (519) 867-2651**  
**Fax: (519) 867-2393**  
[www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

### COMMUNITY GROUPS

Community Centres & Pavillion Rentals	(Port Lambton) (Sombra) (Brigden) (Wilkesport)	Karrie Bouman .....519-330-1194 Laurie Menard.....519-333-8224 Jackie Schikor .....519-328-4470 Mary Lou Denning..519-864-1737
Cruikshank Centre Food Banks	(Courtright) (Seniors)	Ken Abrams .....519-862-3950 Denise Olah.....519-862-1628 St. Joseph's Church.519-862-1213 St. Andrew's Church519-862-3641
Girl Guides Horticultural Society	(Brigden) (Corunna)	Irene Biscaro .....519-867-5467 Rose Johnston .....519-864-4095 Diane Fletcher .....519-862-2678
Lambton County Library	(Brigden) (Corunna) (Courtright) (Mooretown) (Port Lambton) (Sombra) (Wilkesport)	.....519-864-1142 .....519-862-1132 .....519-867-2712 .....519-867-2823 .....519-677-5217 .....519-892-3711 .....519-864-4000 .....1-800-265-0203 .....519-332-4876
Lambton Elderly Outreach Literacy Program Minor Athletic Association (Baseball/Softball)	(Corunna & Courtright) (Port Lambton) (Sombra) (Wilkesport)	www.corunnaminorbaseball.com Craig Bezaire.....519-677-1057 Steve Perry .....519-892-3103 Chuck Lauwereys...519-864-4221 .....www.corunnawildcats.com .....519-864-1197 www.mooretownminorhockey.com
Corunna Wildcat Soccer Moore Agricultural Society Moore Minor Hockey Association Moore Minor Hockey Mothers Moore Skating Club Optimist Clubs	(President) (Brigden) (Moore) (Port Lambton) (Corunna) (Brigden) (Corunna)	Kim Sylvester.....519-328-4115 .....www.moorskateclub.ca Ray Carroll .....519-882-0200 Tracy Kingston.....519-862-1193 Joanne Leach.....519-677-5716 .....519-813-9800 Branch 635 .....519-864-1395 Branch 447 .....519-862-1240 .....1-877-330-4287
Rapids Family Health Team Royal Canadian Legion	(Sombra) (Corunna) (Sombra) (Wilkesport)	Julie Dolbear .....519-867-2655 Michelle Fraser .....519-431-0868 Ralph Campbell.....519-892-3105 Lori Bassett .....519-862-5550 Ann Bogaert .....519-892-3908 Mary Lou Denning..519-864-1737 .....519-344-3017x237
School Rentals: www.communityuseofschools.com St. Clair River Trail (Mooretown Sports Complex) S.O.C.O.M.O. Junior Bowling Scouts Canada		
Splash Pad		
West Lambton Community Health Centre		

### MARK YOUR CALENDAR...

Nov. 17-19	M.M.H. TC/HL Tourn. (Novice & Bantam)
Nov. 24-26	M.M.H. TC/HL Tourn. (Atom, P.W. & Midg.)
Dec. 3	M.M.H.Moms Craft Show
Jan. 4,5,6,7/18	M.T. Juvenile Silverstick Tournament
Jan. 8	Winter Swim Lessons Begin
Feb. 19	Family Day Public Swim 4:30-6:30pm
Feb. 23-25	Old Pirates Hockey Tournament
March 12-16	March Break Day Camp
March 12-16	Rec. Swims 1:00-3:00pm
Mar. 12-16	Public Skates 12-1 pm
Mar. 24	Moore Minor Hockey Day
Apr. 7	Moore Skating Club Carnival
Apr. 9	Spring Session Begins

#### ST. CLAIR TOWNSHIP

Administration .....	867-2021
Community Services (Moore Sports Com).....	867-2651
St. Clair Pkwy. Golf Course (ProShop) .....	867-2160
Moore Museum.....	867-2020
Sombra Museum.....	892-3982
Engineering Dept.....	867-2125
Finance/Treasury Dept.....	867-2024
Fire Dept.-Admin...481-0111	
Public Works Dept.867-2993	
Water Dept.....	867-2128
Mooretown Campground .....	867-2951
Cathcart Campground .....	892-3342
Branton Cundick Campground .....	892-3968

#### MOORETOWN SPORTS COMPLEX CLOSED:

Dec. 24 (Arena: closed at noon. Pool, Reception, Health Club closed all day), Dec. 25 (Christmas Day), Dec. 26 (Boxing Day), Dec. 31 (Arena: closed at noon; Pool, Reception, Health Club: closed all day), Jan. 1 (New Year's Day), Feb. 19 (Family Day - Arena: closed 7:30 am - 3:30 pm; Pool & Health Club: closed 7:30am - 4:00 pm), Mar. 30 (Good Friday)

# POOL SCHEDULE - WINTER 2018 - Jan. 8 - Mar. 26/18

Children under 10 yrs. of age (unable to comfortably swim 2 widths of the pool), any children under 7 yrs. of age or under 48 inches tall or special needs must be directly supervised in the water within arms reach by an adult during rec. swims, rentals or parties. (One Adult per 2 Children) Please refer to full pool admission standard & rules at: [www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

Time	MON	TUES	WED	THUR	FRI	SAT		SUN
7:30	Adult Swim 7:30am - 9:00 am							
9:00	Private Lessons 9:00am - 10:00 am	Lessons 9:00am - 10:00 am	Private Lessons 9:00am - 10:00 am	Adult Lessons 9:00am - 10:00 am	Private Lessons 9:00am - 10:00 am	Private / Group Lessons 8:30am - 1:00pm		Lessons 8:15am - 1:00 pm
10:00	Water Aerobics 10:00am - 11:00 am	Water Therapy 10:00am - 11:00 am	Water Aerobics 10:00am - 11:00 am	Water Therapy 10:00am - 11:00 am	Water Aerobics 10:00am - 11:00 am			
11:00	Lessons/ Private Lessons 11:00am - 12:00pm	Rec./ Adult Swim 11:00am - 1:00pm	Private Lesson 11:00am - 12:00pm	Rec./Adult Swim 11:00am - 1:00pm	Private Lessons 11:00am - 12:00pm			
12:00	Rec/Adult Swim 12:00pm - 1:00pm		Rec/Adult Swim 12:00pm - 1:00pm		Rec/Adult Swim 12:00pm - 1:00pm			
1:00	Available for Rentals	Available for Rentals	Available for Rentals	Available for Rentals	Available for Rentals	Rec. Swim 1:00pm - 3:00pm	Bronze Med./Cross 1pm-4:00pm	Rec. Swim 1:00pm - 3:00pm
3:30						Bronze Continued 1:00pm - 4:00pm		Adult Swim 3:00pm - 4:00pm
4:00-8:00	Private / Group Lessons 3:30pm - 8:00 pm	Private Lessons 4:00pm - 8:00 pm	Private / Group Lessons 3:30pm - 8:00 pm	Private Lessons 3:30pm - 8:00 pm	Private Lessons 4:15pm - 6:45 pm	CLOSED (Available for Rentals)		CLOSED (Available for Rentals)
8:00	Adult Swim/ Water Aerobics 8:00pm - 9:00 pm	Adult Swim/ Shallow Water Aerobics 8:00pm - 9:00 pm	Adult Swim/ Water Aerobics 8:00pm - 9:00 pm	Adult Swim/ Shallow Water Aerobics 8:00pm - 9:00pm	Rec. Swim 7:00pm - 8:30 pm			
8:30					CLOSED			

## ARENA RATES & INFORMATION

### ICE RENTALS

**Fall/Winter Rates**  
Effective Sept. 1/17 to Apr. 7/18  
(Rates include applicable taxes)

**PRIME TIME ICE (Fall/Winter):**  
Mon-Fri, 5 pm - 12 midnight,  
Sat. & Sun., 7 am - 12 midnight

**NON PRIME TIME ICE (Fall/Winter):**  
Mon-Fri., 7 am - 5 pm

**PUBLIC SKATE**  
Sundays 1-2:15 pm  
From Sept. 17/17 to Mar. 25/18  
(Cancelled Nov. 10, 26, Dec. 24, 31, Jan. 7, 28, Feb. 25)

**PARENTS, TOTS & SR'S SKATE**  
Wednesdays & Thursdays 1-2 pm  
From Sept. 6/17 - Mar. 29/18  
(Cancelled Dec. 27, 28, Jan. 4, Mar. 14, 15)

**SHINNY HOCKEY - ADULT**  
Tuesdays 9-10 am  
From Sept. 12/17 - Mar. 20/18

**MOORETOWN JUVENILE SILVER STICK FINALS - JAN. 4,5,6,7/18**  
Held at the Mooretown Sports Complex

### FALL/ WINTER RATES

\$157.50/hr.

\$105.00/hr.

\$2.25 Child  
\$3.25/Adult  
\$6.50 /Family

No Charge

\$5.00/Person

### MOORETOWN FLAGS HOME SCHEDULE 2017/18

Saturday	Oct. 21	Wheatley	7:30 PM
Saturday	Oct. 28	Amherstburg	7:30 PM
Saturday	Nov. 4	Essex	7:30 PM
Saturday	Nov. 11	Dresden	7:30 PM
Saturday	Nov. 18	Petrolia	7:30 PM
Saturday	Dec. 2	Amherstburg	7:30 PM
Saturday	Dec. 9	Essex	7:30 PM
Saturday	Dec. 16	Wheatley	7:30 PM
Saturday	Dec. 23	Blenheim	7:30 PM
Saturday	Dec. 30	Wallaceburg	7:30 PM
Wednesday	Jan. 3	Lakeshore	8:00 PM
Saturday	Jan. 13	Amherstburg	7:30 PM
Saturday	Jan. 20	Dresden	7:30 PM
Saturday	Feb. 3	Blenheim	7:30 PM

### AVAILABLE ICE

Weekdays: 8 am - 4 pm.

### HALL RENTALS

	Hall #1	Hall #2	Senior's Room	Boardroom
Non-Liquor Event	\$89.25 Half Day \$165 Full Day	\$89.25 Half Day \$165 Full Day	\$36.75 Half Day \$60 Full Day	
Liquor Event	\$132 Half Day \$225 Full Day	N/A	N/A	N/A

\*Patrons responsible for acquiring liquor permit for liquor events.

\*Rental fees do not include insurance, additional insurance fees may apply.

# RED CROSS & LIFESAVING SOCIETY SWIM LESSON PROGRESSIONS & RATES

**SWIM LESSON SESSION (10 Lessons) BEGINS THE WEEK OF Jan. 8/18**

LEVEL	AGE	RATIO	DAY	TIMES	LENGTH	COST
Adult Lessons* (Adult Private Lessons available)	NA	12:1	Thurs.	9:00 AM	60 Min.	\$55 or \$6.00/Class
Parent & Tot* (RC Starfish, Duck, Sea Turtle)	6 mo.+	12:1	Sat.	10:00 AM	30 Min.	\$48.00
			Mon. or Wed.	11:00 AM, 6:15 PM		
Preschool A* (RC Sea Otter)	3 yr. +	5:1	Mon. or Wed.	5:00, 6:15, 6:45 PM	30 Min.	\$50.00
			Sat.	10:00, 11:45 AM		
Preschool B* (RC Salamander)	3 yr. +	5:1	Mon. or Wed.	5:30, 6:15, 6:45	30 Min.	\$50.00
			Sat.	10:00, 11:45 AM		
Preschool C/D* (RC Sunfish / Crocodile)	3 yr. +	5:1	Mon. or Wed.	5:00, 6:45 PM	30 Min.	\$50.00
			Sat.	10:30, 11:45		
Preschool D/E/* (RC Crocodile / Whale)	3 yr. +	6:1	Mon. or Wed.	5:30 PM	30 Min.	\$50.00
			Sat.	12:15 PM		
Swimmer 1* (RC Swim Kids 1)	6 yr. +	6:1	Mon. or Wed.	5:30 PM	30 Min.	\$50.00
			Sat.	10:30, 11:45 AM		
Swimmer 2* (RC Swim Kids 2)	6 yr. +	6:1	Mon. or Wed.	5:00, 5:30 PM / Mon 6:45PM	30 Min.	\$50.00
			Sat.	10:00 AM		
Swimmer 3* (RC Swim Kids 3)	6 yr. +	8:1	Mon. or Wed.	6:15 PM	30 Min.	\$50.00
			Sat.	10:30 AM		
Swimmer 4* (RC Swim Kids 4)	6 yr. +	8:1	Mon.	6:45 PM	30 Min.	\$50.00
			Wed.	5:00, 6:45 PM		
			Sat.	10:30 AM		
Swimmer 5/6* (RC Swim Kids 5/6/7)	6 yr. +	10:1	Mon. or Wed.	7:15 PM	45 Min.	\$50.00
			Sat.	11:00 AM		
Rookie—7, Ranger—8, Star—9, Bronze Star - 10 (RC Swim Kids 8/9/10)	6 yr. +	10:1	Mon. or Wed.	7:15 PM	45 Min.	\$50.00
			Sat.	11:00 AM		
Private or Semi-Private Lessons (Note: Other times may be available upon request)	3 yr. + To adult	1:1 OR 2:1	Mon. or Wed.	9, 9:30, 11, 11:30 AM 4:00, 4:30, 7:15 PM	30 Min.	\$90.00 Pr. (1 Person) \$144.20SP. (2 People)
			Sat.	8:30, 9, 9:30 AM, 12:15 PM		
			Sun.	9:15, 9:45, 10:15, 10:45, 11:15, 11:45 AM, 12:15 PM		
			Tues. or Thur.	4, 4:30, 5, 5:30, 6, 6:30, 7, 7:30 PM		
			Fri.	9, 9:30 AM, 4:15, 4:45, 5:15, 5:45, 6:15 PM		
Emergency First Aid (Required prerequisite of Bronze Cross)	13 yrs. +	12:1	Sat.	1:00 PM - 1:30 PM	1/2 Hr	\$54.65 (All fees included)
Bronze Medallion	13 yrs +	12:1	Sat.	1:30 PM - 4:00 PM	2.5 Hrs	\$141.35 (ALL fees included)
Bronze Cross (proof of Bronze Medallion certification required)	14 yrs. +	12:1	Sat.	1:30 PM - 4:00 PM	2.5 Hrs	\$104.00 (ALL fees included)
NLS Recert	16 yrs +	12:1	Wed	5:00 PM -10:00 PM	March 28 / 18	\$70.00
WSI Recert	16 yrs +	12:1	Wed	5:00 PM -10:00 PM	April 4 / 18	\$70.00
NLS (National Lifeguard Service)	16 yrs. +	12:1	Tues.	6:00 PM - 10:00 PM	11 Weeks	\$244.75 (ALL fees included)
Standard First Aid & CPR-C / AED	14+	12:1	Tues/Wed	8:30 AM– 4:30 PM	March 27 & 28, 2018	\$125.00
Aquatic Supervisor Training	16+	14:1	Sat/Sun	10:00 AM- 4:00 PM	Dec. 16 & 17, 2017	\$125.00

## POOL RATES

### LESSONS (10 classes)

\$50/child or \*\$135 Family Plan\*  
\$90/person private lessons  
\$144.20 semi private lessons (2 people)

### REC. SWIM

\$2.25/child, \$3.25/adult, \$6.50/family  
(Below Admission Standard Applies)

### 10 SWIM PASS/MEMBERSHIPS

\$20/child, \$30/adult, \$60/family-10 Swim  
\$95/6 mo. Senior 60+  
\$100/6 Mo., \$130/Yr.-Single  
\$185/6 Mo., \$285/Yr.-Family  
(Below Admission Standard Applies)

### WATER AEROBICS or ARTHRITIS/FIBROMYALGIA

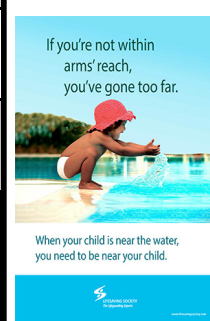
### WATER EXERCISES

\$6/class (\$5 Senior 60+), \$45/10 visit pass  
\$205/yr (\$195 Senior)

### POOL RENTALS

\$85/hr: <30 people non profit, Board of Ed.  
\$110/hr: <30,  
\$150/hr: 31—60 people,  
\$175/hr: 61—125 people  
\$225/hr: 126-181 people  
(Below Admission Standard Applies)

## POOL ADMISSION STANDARD



If you're not within arms' reach, you've gone too far.

When your child is near the water, you need to be near your child.

Children under 10 yrs. of age (unable to comfortably swim 2 widths of the pool), any children under 7 yrs. of age or under 48 inches tall or special needs must be directly supervised in the water within arms reach by an adult during rec. swims, rentals or parties. (one adult per 2 children)

Please refer to full admission standard at:  
[www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

## Birthday Party

### What is included?

- \* 1.5 hours in the Party Room (staffed by Twsp. employee)
- \* Rec. Swim **or** Skate
- \* Hotdogs & Fries, Pop (your choice of flavour) & Cake (your choice of white or choc.)

**Cost:**  
\$110.00

**How many children:**  
Up to 10 children  
\*\*\$6.00 extra for each additional child added to the birthday party  
*QR* for extra food\*\*



**Pool Admission Standard Applies**

# HEALTH/RECREATION/FITNESS PROGRAMS

## ADULT PROGRAMS

### Cardio Kick Boxing

Mon. 6:00 - 7:00 pm  
Begins Jan. 8/18



### Muscle Mix Fitness Classes

Tue., Thurs. 9:00—10:00 am  
Wed. 6:00—7:00 pm  
Begins Jan. 2/18

### Spin Classes

\$10/class or \$80/10 visit pass  
Begins Jan. 2/18



### Water Aerobic Fitness Classes

Deep Water: Mon., Wed. 8:00 - 9:00 pm  
Shallow Water: Mon., Wed., Fri. 10—11 am, Tues., Thurs. 8—9 pm  
Begins Jan. 2/18

### Arthritis, Fibromyalgia, Post Rehab. Water Exercise Classes

Tues., Thurs. 10 - 11 am  
Join Any Time! \$6.00/class, \$5.00 Senior or \$45/10 visit pass (pass is interchangeable).  
Begins Jan. 2/18

### Indoor Walking/Low Impact Exercise Program - \*FREE!

Mon./Wed. 9 - 10 am. Begins Jan. 8/18!  
Provided by West Lambton Community Health Centre!

## CHILD/YOUTH PROGRAMS

### Ballet: Ages 3 - 5 yrs. \$110/12 Weeks

Thurs. 5 - 5:30 pm. Begins Jan. 11/18

### Hip Hop: Jr./Primary Ages 7 - 13 yrs. \$120/12 Weeks

Thurs. 5:30—6:15 pm— Begin Jan. 11/18

### Ballet: Ages 6 - 9 yrs. \$120/12 Weeks

Thurs. 6:15—7 pm—Begin Jan. 11/18

### Red Cross Babysitting Course (P.D. Day!!)

Friday June 8, 2018 8:30-4:30pm - Min. Age 11 years  
Registration will open with *SPRING SESSION*

### March Break Day Camp: Ages 5 - 12 yrs.

Mar. 12 - 16/18

Fees: \$27/Day, \$110/Week



### Become a Swimming Instructor or Lifeguard!

#### Swimming Instructor Courses

Red Cross Water Safety Instructors Course - Part 1 and Part 2 will be offered in the 2018 spring session.

#### Lifesaving/Lifeguarding Courses

**Bronze Medallion & Bronze Cross Courses:** Begin Sat. Jan 13, 2018.  
(Min. Age 13 years or Bronze Star/ Bronze Med.)

**National Lifeguard Service (NLS):**  
Begins Tues. Jan. 9, 2018, 6 - 10 pm, 11 weeks. (Min. age 16 plus Bronze Cross & Standard First Aid required)



For more information or to register call 519-867-2651 & for a full description of programs go to [www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca).

# HEALTH & FITNESS CENTRE

## MEMBERSHIPS INCLUDE: (Min. age 15)

Weight Training Equipment, Lifecycles, Treadmills, Saunas, Whirlpool,  
25 M. Swimming Pool (Rec./Adult Swims), Water Aerobics/Therapy, Muscle Mix Classes

### WINTER HOURS

(Effective Jan. 2— April 9, 2017)

Mon. - Fri. 7 am - 9 pm

Sat. 8:30 am - 4 pm

Sun. 9:00 am - 4 pm

(Dec. 24, Dec. 25, 26, Dec. 31, Jan. 1,  
Feb. 19 until 4pm, Mar. 30, April 1st)

**4 MONTH SPECIAL \$130**



**Personal  
Training  
\$35/hr!**

### FEES (HST Included)

DAILY	SINGLE	\$6.00
	SENIOR 60+	\$5.00
1 MONTH	SINGLE	\$54
	SENIOR/STUDENT	\$45
3 MONTHS	SINGLE	\$120
	SENIOR 60+	\$105
	COUPLE	\$162
6 MONTHS	FAMILY	\$243
	SINGLE	\$175
	SENIOR 60+	\$162
1 YEAR	COUPLE	\$243
	FAMILY	\$405
	SINGLE	\$255
10 VISIT PASS	SENIOR 60+	\$243
	COUPLE	\$405
	FAMILY	\$585
	SINGLE	\$45

### WATER AEROBICS

Begins January 2, 2018

#### Shallow Water Aerobics

Mon., Wed., Fri. 10 - 11 am, Tues., Thurs. 8 - 9 pm

#### Deep Water Aerobics

Mon., Wed. 8 - 9 pm

#### Arthritis/Fybromyalgia/Post Rehab.

#### Water Exercise Classes

Tues., Thurs. 10 - 11 am

### CARDIO KICK/MUSCLE MIX

Begins January 2, 2018

Cardio Kick: Mon. 6 - 7 pm,

Muscle Mix: Tues, Thurs 9 - 10 am, Wed. 6 - 7 pm

**\$45/10 visit pass interchangeable for all above programs & fitness centre pass.**  
Join any time!

### SPIN CLASSES—\$10/class or \$80/10 pass

Begins January 2, 2018

Tues., Thurs. 7 - 7:45 am

Beginner: Tues. 7:15 - 8 pm

Bikes & Bells:

Mon. 5 - 6 pm, Wed. 5 - 6 pm, Fri. 9 - 10 am

(Not included in Membership Fee)