

MOORE SPORTS COMPLEX - POOL SCHEDULE

Effective March 27, 2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 AM	Lane Swim 7:30am – 9:20am					Swim Team Rental 7:30am – 9:30am	CLOSED
9:30 AM	Parent & Tot 9:30am – 10:00am	Adult Drop in Lessons <i>Beginner</i> 9:30am – 10:00am	Parent & Tot 9:30am – 10:00am	Adult Drop in Lessons <i>Intermediate/Advanced</i> 9:30am – 10:00am	Parent & Tot 9:30am – 10:00am		Lane Swim 8:00am-10:00am <i>*half pool available*</i>
10:00 AM	Aqua Fitness 10:00am –10:50am	Aqua Fitness 10:00am –10:50am	Aqua Fitness 10:00am –10:50am	Aqua Fitness 10:00am –10:50am	Aqua Fitness 10:00am –10:50am	Group & Private Lessons 9:30am-12:00pm	Parent & Tot 10:00am – 10:30am
11:00 AM	Rec. Swim 11:00am – 12:00pm	Rec. Swim 11:00am – 12:00pm	Rec. Swim 11:00am – 12:00pm	Rec. Swim 11:00am – 12:00pm	Rec. Swim 11:00am – 12:00pm		Lane Swim 10:30am-12:00pm <i>*Two lanes available*</i>
12:00 PM	Water Therapy 12:00pm – 12:50pm	Water Therapy 12:00pm – 12:50pm	Water Therapy 12:00pm – 12:50pm	Deep Water Aerobics 12:00pm – 12:50pm	Water Therapy 12:00pm – 12:50pm		Lane Swim 12:00pm-1:00pm
1:00 PM	Rec. Swim/ Lane Swim 1:00pm-4:00pm	Lane Swim 1:00pm-4:00pm	Rec. Swim/ Lane Swim 1:00pm-4:00pm	Lane Swim 1:00pm-4:00pm	Rec. Swim/ Lane Swim 1:00pm-7:00pm	Rec. Swim 1:00pm – 3:00pm	Rec. Swim 1:00pm – 3:00pm
	4:00 PM	Swim Lessons 4:00pm-7:45pm	Swim Lessons 4:00pm – 7:00pm	Swim Lessons 4:00pm-7:45pm		Swim Lessons 4:00pm – 7:00pm	Rentals Available 3:00pm-4:00pm
Swim Team Rental 7:00-8:00pm			Swim Team Rental 7:00-8:00pm				
7:00 PM	Fitness Swim / Lane Swim 7:45pm-8:45pm	Aqua Fitness / Lane Swim 8:00pm – 8:50pm	Fitness Swim / Lane Swim 7:45pm-8:45pm	Aqua Fitness / Lane Swim 8:00pm – 8:50pm	CLOSED	CLOSED	
8:00 PM		Aqua Fitness / Lane Swim 8:00pm – 8:50pm	Fitness Swim / Lane Swim 7:45pm-8:45pm	Aqua Fitness / Lane Swim 8:00pm – 8:50pm	CLOSED		



FOR MORE INFORMATION CALL
THE MOORETOWN SPORTS COMPLEX
Ph: 519-867-2651 • Fax: 519-867-2393
www.stclairtownshipcommunityservices.ca
 E-mail: info@stclairtownship.ca

POOL ADMISSION STANDARD

Children under 10 years of age (unable to comfortably swim 2 widths of the pool), any children under 7 years of age or under 48 inches tall or special needs **must be directly supervised** in the water **within arms reach by an adult** during rec swims, rentals or parties.

Child to Guardian Ratio: Without Life jackets – 2 Children : 1 Guardian,
 With Life jackets – 4 Children : 1 Guardian (lifeguard discretion)